



East Sussex Cycling Association

2015 President Horry Hemsley – VTTA Surrey and Sussex Group



ESCA 10m Time Trial – Saturday 12th Sept 2015 – G10/87

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Start Sheet

Event Secretary

Peter Moon 73 Wannock Lane, Eastbourne, East Sussex BN20 9SG
Tel: 01323 485180 Mob: 07949 112107 Email: little.brook@btinternet.com

Timekeepers

Graham Lade (Eastbourne Rovers CC) & **Jane Lade** (Eastbourne Rovers CC)

General Information

Event HQ: East Hoathly Sports Pavilion, London Road, East Hoathly, East Sussex BN8 6QE – Open from 6:30am. Heading north on the A22, turn right at The Shaw Roundabout into London Road. The HQ is on the right, just before the village.

Car Parking: There is limited parking in the Sports Pavilion car park, when full please park sensibly on London Road – pavilion side only.

Race Numbers: Numbers will be available at the event HQ. Please collect your number when you sign on. After the event please return your race number to the HQ in exchange for a cup of tea or coffee.

Start: The start is less than a mile from the Sports Pavilion. Proceed out of the car park and turn right, and continue to South Street.

Prizes: Cash prizes will be awarded at the HQ immediately following the event.

This is a qualifying event for

ESCA Points Competition: 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies: Counts towards the fastest junior, fastest lady and the fastest team of three from an ESCA affiliated club over 10 miles – the best performance at either this, or the April 10, will be eligible for these awards at the annual prize presentation in January 2016.

ESCA BAR: Qualifying event for the ESCA junior, lady and lady veteran Best All Rounder competitions.

Prize List

Fastest Overall

First	£35.00
Second	£30.00
Third	£25.00
Fourth	£20.00
Fifth	£15.00
Sixth	£10.00

Fastest Lady

First	£15.00
Second	£10.00

Fastest Jun/Juv

First	£10.00
-------	--------

Fastest Age Category

not winning another individual prize	
Under 40	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 – 69	£10.00
70 and over	£10.00

Fastest Team of Three

First	£15.00 ea
Second	£10.00 ea

ESCA 10m Time Trial – Saturday 12th Sept 2015 – G10/87

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point. Competitors must exercise extra care when negotiating all roundabouts.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

Results: No times will be given out at the finish.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Please pin your number here



Course Details

OS Ref	Course G10/87	Distance
TQ517156	START in South Street, East Hoathly, at red arrow at drain 28 yards before T junction with East Hoathly by-pass	00.00m
TQ572112	LEFT and follow A22 through Whitesmith and Golden Cross to Boship RBT where TURN (Check)	04.90m
TQ513162	4th exit and retrace on A22 through Golden Cross and Whitesmith to FINISH at red arrow at second drain past field gate on East Hoathly by-pass just before first footpath crossing and 334 yards past right turn (South Street) for East Hoathly.	10.00m

Additional Safety Instructions

- Competitors must exercise extra care when turning LEFT just after Start and at the Boship roundabout
- No 'U' turns after finishing or riders will be disqualified** – after finishing, competitors MUST continue to The Shaw roundabout and take second exit (RIGHT) to return to Event HQ at East Hoathly Sports Pavilion.

The course, courtesy of Mike O'Gorman (SCA) can also be viewed on the SCA website <http://www.sussexca.org.uk/g1087.html> or downloaded from the Garmin site at the link <https://connect.garmin.com/modern/course/8600729>

Visit our website www.eastsussexca.org.uk Find us on facebook www.facebook.com/groups/EastSussexCA

ESCA 10m Time Trial – Saturday 12th Sept 2015 – G10/87
Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Order of Start

Race No.	Start Time	Rider	Club	Cat	Age	Notes
8	7:38	Mark Pelling	In-Gear Quickvit Trainsharp RT	V	60	
9	7:39	Ken Dry	Eastbourne Rovers CC	V	49	
10	7:40	James Lowden	Neon Velo	S	29	
11	7:41	John-Paul Brophy	Eastbourne Rovers CC	V	40	
12	7:42	Robert Royle-Evatt	Addiscombe CC	V	48	
13	7:43	Stuart Payne	Central Sussex CC	V	53	
14	7:44	Roy Robinson	Team Salesengine.co.uk	V	69	
15	7:45	Peter Pav Bryan	Rye & District Wheelers CC	S	29	
16	7:46	Tamar Vanderhaas	Lewes Wanderers CC	WS	39	
17	7:47	Sam Winter	Eastbourne Rovers CC	S	29	
18	7:48	Philippa Jenkins	Southborough & Dist. Whs	WS	27	
19	7:49	Chris Parker	Hastings & St. Leonards CC	V	59	
20	7:50	Matthew Woods	Eastbourne Rovers CC	V	44	
21	7:51	Andy Critchlow	Wyndymilla	V	41	
22	7:52	Paul Winkley	East Grinstead CC	V	59	
23	7:53	Andrew Quye	In-Gear Quickvit Trainsharp RT	V	53	
24	7:54	John Mankelow	Lewes Wanderers CC	V	67	
25	7:55	Howard Shaw	Eastbourne Rovers CC	S	30	
26	7:56	Samuel Ramsey	Lewes Wanderers CC	V	51	
27	7:57	Ben Fielden	GS Stella	V	73	
28	7:58	Robyn Yates	Addiscombe CC	WV	52	
29	7:59	David Beale	Lewes Wanderers CC	V	69	
30	8:00	Dan Sadler	RT 316	S	38	
31	8:01	Noel Miles	East Grinstead Tri Club	S	39	
32	8:02	Leigh Foxton	Rye & District Wheelers CC	V	41	
33	8:03	Brett Davis	Lewes Wanderers CC	V	42	
34	8:04	Philip Burgin	Kingston Phoenix RC	V	63	
35	8:05	Dominic Maxwell	Sussex Revolution VC	V	42	
36	8:06	Paul Newsome	Crawley Wheelers	S	28	
37	8:07	Dave Brown	Lewes Wanderers CC	V	47	
38	8:08	Chris Jolliffe	VTTA (Wessex Group)	V	57	
39	8:09	Paul Valks	Lewes Wanderers CC	V	71	
40	8:10	Steven Kane	Team ASL360	S	26	
41	8:11	Dominic Lowden	Lewes Wanderers CC	V	57	
42	8:12	Adrian Hoyle	In-Gear Quickvit Trainsharp RT	V	48	
43	8:13	Peter Eames	Eastbourne Rovers CC	V	52	
44	8:14	Jim Hennessy	Eastbourne Rovers CC	V	48	

ESCA 10m Time Trial – Saturday 12th Sept 2015 – G10/87
Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Order of Start

Race No.	Start Time	Rider	Club	Cat	Age	Notes
45	8:15	Stephen Ralston	London Dynamo	S	39	
46	8:16	Andrew Dixon	Wigmore CC	V	56	
47	8:17	Gary Burgess	Brighton Mitre CC	V	51	
48	8:18	Clive Jackson	Central Sussex CC	V	63	
49	8:19	Lisa Davis	Lewes Wanderers CC	WV	40	
50	8:20	Keith Lea	Paceline RT	V	45	
51	8:21	James Stone	Brighton Excelsior CC	V	46	
52	8:22	Michael Valks	Lewes Wanderers CC	V	44	
53	8:23	David Clements	Eastbourne Rovers CC	V	43	
54	8:24	Theo Tadros	In-Gear Quickvit Trainsharp RT	Jv	13	
55	8:25	Michael Davey	Eastbourne Rovers CC	S	38	
56	8:26	Sam Dix	In-Gear Quickvit Trainsharp RT	V	44	
57	8:27	Katie Crowe	Dulwich Paragon CC	WS	39	
58	8:28	Paget Cohen	Lewes Wanderers CC	V	42	
59	8:29	Selena Bartley	Sussex Nomads CC	WV	42	
60	8:30	Peter Tadros	In-Gear Quickvit Trainsharp RT	V	45	
61	8:31	Mike O'Gorman	Worthing Excelsior CC	V	63	
62	8:32	Michael Draper	Charlotteville Cycling Club	V	59	
63	8:33	Alan Robinson	Central Sussex CC	V	74	
64	8:34	Barry Packman	Dorking CC	V	69	
65	8:35	Iain Brogden	Eastbourne Rovers CC	V	46	
66	8:36	Neil Couchman	Southborough & Dist. Whs	S	37	
67	8:37	David Phillips	Old Portlians CC	V	60	
68	8:38	Kevin Bashford	East Grinstead CC	V	56	
69	8:39	Sally McSorley	Sussex Nomads CC	WV	40	
70	8:40	Nick Dwyer	Lewes Wanderers CC	V	52	
71	8:41	Carl Ferri	Cadence Performance	V	45	
72	8:42	Geoff Smith	Eastbourne Rovers CC	V	65	
73	8:43	John Isard	Hampshire RC	V	63	
74	8:44	Lee Holdaway	Hastings & St. Leonards CC	V	60	
75	8:45	Tom Glandfield	Lewes Wanderers CC	V	42	
76	8:46	Peter Baker	Lewes Wanderers CC	V	57	
77	8:47	Ian Newbold	Eastbourne Rovers CC	V	42	
78	8:48	Mark Gidney	De Laune CC	V	53	
79	8:49	Peter Dyer	Crawley Wheelers	V	66	
80	8:50	Chris McNamara	Pedal Heaven	V	40	